

## **Outing Prep Checklist**

- Medications
- Gait belt, head master, body binder
- Extra outfit
- Briefs
- Condom catheter supplies
- Hygienic wipes/wet ones
- Gloves
- Towels/wash cloths
- Bottled water
- Sunscreen
- Adaptive equipment
- Portable suction kit
- Suction supplies (inner cannulas, hydro filters, suction kits, ambu bag)
- Trash bag for soiled linens
- Tube feeding
- Feeding syringes
- Thermometer
- Blood Pressure Monitor
- Electronic b/p monitor
- Pulse Ox
- Urinal (to drain leg bag)